



"HANDS OFF"

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Words and Music
by Mountain Ghost

♩ = 100 **Intro 1** D A

Vocal

Bass

Guitar

Drums

5 Bm G D

8 A Bm G

Detailed description: This is a musical score for a song titled "HANDS OFF" by Mountain Ghost. The score is written for four instruments: Vocal, Bass, Guitar, and Drums. The tempo is marked as 100 beats per minute (♩ = 100). The key signature is one sharp (F#), and the time signature is 4/4. The score is divided into three systems. The first system (measures 1-4) is labeled "Intro 1" and features a D major chord. The second system (measures 5-8) features a Bm major chord. The third system (measures 9-12) features an A major chord. The guitar part is written in standard notation with a capo on the 8th fret. The bass and drums parts are written in standard notation. The vocal part is written in standard notation with a whole rest in each measure.

Verse 1

11 D A Bm

Woke Up To More Bad News Flash-ing On My Screen

14 G D A

Ty-rants At The Top Tier

17 Bm G D

Torch-ing Eve - ry-thing Called In With A Ques-

20

A Bm G

- tion No One An - swer - ing

23

D A Bm

Seems They've All Been Let Go To Stran - gle The Dream

Chorus 1

26

G D A

At The Start Mid-dle And The End Of The Day From A

29 Bm G D

Heart - felt Space In A Mind - ful Way To The Out Of Touch And The

Heart - felt Space In A Mind - ful Way To The Out Of Touch And The

32 A Bm G

Games They Play I Got One Thing To Say Hands

Games They Play I Got One Thing To Say Hands

35 D A Bm

Off Hands Off

Off Hands Off

Intro 2

38 G D A

Hands Off

Verse 2

41 Bm G D

Woke Up To A Trou -

44 A Bm G

- bled Feel-ing In The Hood

47 D A Bm

All The An - gels Wor - ried They're Mis - un - der - stood

50 G D A

Where-as Once They'd Gath - er

53 Bm G D

Do-ing All They Could To Help Their Fel - low Neigh-

56 A Bm G

- bors Now Doors Closed For Good At The

Chorus 2

59 D A Bm

Start Mid-dle And The End Of The Day From A Heart - felt Space In A

62 G D A

Mind - ful Way To The Out Of Touch And The Games They Play I Got

65 **Bm** **G** **D**

One Thing To Say Hands Off

68 **A** **Bm** **G**

Hands Off Hands

Intro 3

71 **D** **A** **Bm**

Off

74

G D

Hands

8

Bridge

77

G A D

Off Our Treas - ured Her - i - tage

8

80

G A

Hands Off Our Sa - cred

8

83 Bm7 G

Land Hands Off This

This system contains measures 83, 84, and 85. The vocal line starts with a whole note 'Land' in measure 83, followed by a half note 'Hands' in measure 84, and a half note 'Off' in measure 85. The bass line features eighth-note triplets. The piano accompaniment consists of chords in the right hand and a rhythmic pattern in the left hand. The drum line has a consistent pattern of eighth notes.

86 A D

Sol - id E - qual Ground On

This system contains measures 86, 87, and 88. The vocal line has a half note 'Sol - id' in measure 86, a half note 'E - qual Ground' in measure 87, and a half note 'On' in measure 88. The bass line continues with eighth-note triplets. The piano accompaniment and drum line maintain their respective patterns from the previous system.

89 G A

Which We Stand

This system contains measures 89, 90, and 91. The vocal line has a whole note 'Which' in measure 89, a whole note 'We' in measure 90, and a whole note 'Stand' in measure 91. The bass line continues with eighth-note triplets. The piano accompaniment and drum line maintain their respective patterns from the previous system.

Chorus 3

92

D A

At The Start Mid-dle And The End Of The Day From A

95

Bm G D

Heart - felt Space In A Mind - ful Way To The Out Of Touch And The

98

A Bm G

Games They Play I Got One Thing To Say Hands

101

D A Bm

Off Hands Off

3 3 3

8

104

G D A

Hands Off

3 3 3 3

8

107

Bm G D

Hands Off

3 3 3

8

110 A Bm G

Hands Off Hands

End

113 D A Bm

Off

116 G D A

119 Bm G D

122 A Bm G

125 D D (End on 1)



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by Mountain Ghost

**Woke up to more bad news flashing on my screen
Tyrants at the top tier torching everything
Called in with a question no one answering
Seems they’ve all been let go to strangle the dream**

**At the start middle and the end of the day
From a heartfelt space in a mindful way
To the out of touch and the games they play
I got one thing to say
Hands Off . . . Hands Off . . . Hands Off**

**Woke up to a troubled feeling in the hood
All the angels worried they’re misunderstood
Whereas once they’d gather doing all they could
To help their fellow neighbors now doors closed for good**

(Chorus)

**Hands Off . . . our treasured heritage
Hands Off . . . our sacred land
Hands Off . . . this solid equal ground
On which we stand**

(Chorus)

Hands Off . . . Hands Off . . . Hands Off

"HANDS OFF" by Mountain Ghost

(Key of D)

	//		//		//		//	(4 bars)
Intro 1:	D	D	A	A	Bm	Bm	G	G
	D	D	A	A	Bm	Bm	G	G
Verse 1:	D	D	A	A	Bm	Bm	G	G
	D	D	A	A	Bm	Bm	G	G
	D	D	A	A	Bm	Bm	G	G
	D	D	A	A	Bm	Bm	G	G
Chorus 1:	D	D	A	A	Bm	Bm	G	G
	D	D	A	A	Bm	Bm	G	G
("Hands Off")	D	D	A	A	Bm	Bm	G	G
Intro 2:	D	D	A	A	Bm	Bm	G	G
Verse 2:	(Same as Verse 1)							
Chorus 2:	(Same as Chorus 1)							
Intro 3:	D	D	A	A	Bm	Bm	G	G
	D	D	D	D				
Bridge:	G	G	A	A	D	D	D	D
	G	G	A	A	Bm7	Bm7	Bm7	Bm7
	G	G	A	A	D	D	D	D
	G	G	G	G	A	A	A	A
Chorus 3:	D	D	A	A	Bm	Bm	G	G
	D	D	A	A	Bm	Bm	G	G
("Hands Off")	D	D	A	A	Bm	Bm	G	G
	D	D	A	A	Bm	Bm	G	G
("Hands Off")	D	D	A	A	Bm	Bm	G	G
	D	D	A	A	Bm	Bm	G	G
End:	D	D	A	A	Bm	Bm	G	G
	D	D	A	A	Bm	Bm	G	G
	D	D	D	D	D	D	D	(< end on 1)

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(Play in C - Capo II = Key of D)

	//		//		//		//	(4 bars)
Intro 1:	C	C	G	G	Am	Am	F	F
	C	C	G	G	Am	Am	F	F
Verse 1:	C	C	G	G	Am	Am	F	F
	C	C	G	G	Am	Am	F	F
	C	C	G	G	Am	Am	F	F
	C	C	G	G	Am	Am	F	F
Chorus 1:	C	C	G	G	Am	Am	F	F
	C	C	G	G	Am	Am	F	F
("Hands Off")	C	C	G	G	Am	Am	F	F
Intro 2:	C	C	G	G	Am	Am	F	F
Verse 2:	(Same as Verse 1)							
Chorus 2:	(Same as Chorus 1)							
Intro 3:	C	C	G	G	Am	Am	F	F
	C	C	C	C				
Bridge:	F	F	G	G	C	C	C	C
	F	F	G	G	Am7	Am7	Am7	Am7
	F	F	G	G	C	C	C	C
	F	F	F	F	G	G	G	G
Chorus 3:	C	C	G	G	Am	Am	F	F
	C	C	G	G	Am	Am	F	F
("Hands Off")	C	C	G	G	Am	Am	F	F
	C	C	G	G	Am	Am	F	F
("Hands Off")	C	C	G	G	Am	Am	F	F
	C	C	G	G	Am	Am	F	F
End:	C	C	G	G	Am	Am	F	F
	C	C	G	G	Am	Am	F	F
	C	C	C	C	C	C	C	(< end on 1)

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